

25 Steps To A Strong Personal Foundation

Based on the Personal Foundation program

<input type="radio"/>	Decide that you want a strong personal foundation.
<input type="radio"/>	A strong foundation IS a choice. Want it.
<input type="radio"/>	Zap the tolerations.
<input type="radio"/>	Whatever you are putting up with eats away at your personal foundation.
<input type="radio"/>	Simplify your life, dramatically.
<input type="radio"/>	Resolve unfinished business.
<input type="radio"/>	Identify and focus on your 10 Daily Habits.
<input type="radio"/>	Restore your integrity wherever it's broken.
<input type="radio"/>	Get your needs met. You can.
<input type="radio"/>	Handle the money. Period.
<input type="radio"/>	Treat your body like the temple it is.
<input type="radio"/>	Extend your boundaries until you are fully respected.
<input type="radio"/>	Raise your standard until you feel terrific.
<input type="radio"/>	Create reserves in all areas of your life.
<input type="radio"/>	Perfect the present, especially if it's not.
<input type="radio"/>	Strengthen your family. Heal if necessary.
<input type="radio"/>	Extend your community.
<input type="radio"/>	Start attracting instead of striving.

<input type="radio"/>	Select and reach your preferred 'living states.'
<input type="radio"/>	Be well protected.
<input type="radio"/>	Choose your work, so that you can be all of yourself.
<input type="radio"/>	Reorient your life around your values.
<input type="radio"/>	Become a problem-free zone.
<input type="radio"/>	Improve your attitude.
<input type="radio"/>	Invest in your life.
<input type="radio"/>	Thank the people who've made your life as rich as it is.
<input type="radio"/>	Choose your post-foundation steps.