

# TERMS OF COACHING

#### The Nature of the Coaching Relationship:

The nature of the work is for the Coach to listen keenly and objectively, ask thought provoking questions, supply objective feedback and ideas and be available for brainstorming and discussion, and thereby to help the Client accomplish what s/he wants. The coach agrees to communicate directly and honestly with the Client. Likewise, the Client agrees to communicate fully and honestly with the coach, to be open to feedback and assistance, and to devote the necessary time and energy to participate fully in the coaching relationship and the work that is to ensue from it. Client agrees to be in action on the matters at hand, and to provide honest feedback to the Coach on his/her perceptions of the relationship, the success of the mutual endeavor, and any changes needed in direction or technique.

The Client understands that coaching is by permission and hereby grants the Coach permission to coach. If the Client believes the coaching is not working as desired, the Client will communicate and work with the Coach to obtain the desired results.

The Client acknowledges that Coach's services are consultative in nature and enters into coaching with the understanding that he or she is responsible for creating their own results and hereby releases the Coach from any liability for adverse actions or results experienced by the Client as a result of the coaching relationship. Whereas the Coach undertakes to provide her best perspective on the work at hand, the Client takes full and complete responsibility for all decisions and actions s/he takes, even when based on input or advice from the Coach. The Coach makes no guarantees or warranties, written or oral, expressed or implied, as to either results to be obtained, or the consequences of any actions taken or not taken by the Client.

**Services Provided:** The services to be provided by the Coach to the client are personal, executive, business, marketing and/or life coaching, as designed jointly with the Client. Coaching, which is not advice, therapy or counseling, may address specific personal and business projects, or general conditions in the client's life or profession. Other coaching services include values clarification, brainstorming, identifying plans of action, developing systems, asking clarifying questions and making empowering requests.

**The Coach Has a Background In:** business, marketing, career development, life and enterprise systems, multiple income streams, business and personal turnaround, productivity and performance improvement, niche, expert branding and advanced coaching and coach mentoring techniques. Additional training and development includes Certified Evolutionary Coach and Trainer, Coach U Faculty training, Professional Certified Mentor Coach, Level 1 Tantra Certification and Certified Associate Raw Chef. The Client is aware that the coaching relationship is in no way to be construed as psychological counseling or any type of therapy. In the event that the Client feels the need for personal counseling or therapy, it is the responsibility of the Client to seek a licensed professional.

#### **Call Procedure:**

Please call Simone at +1.773.384.5683 at your appointed time. If Coach will be at any other number, we will notify you in advance and give you another number to reach her. If you get Coach's voicemail at the appointed time, please hang up and call back in about three minutes.

Our agreement includes: three calls for approximately 30-45 minutes plus email questions & feedback per month. The Coach can work around illness or emergency, but please understand that *missed sessions* cannot be made up and do not roll over into the next month. (See *Rescheduling & Emergencies* below for details)

Simone Peer MA,PCC Certified Life Coach



Additionally, a *Breathrough Blast* Call is encouraged, welcomed, and included in the coaching fees. You may call or email between our scheduled sessions if you need advice, have a problem/challenge, or can't wait to share a success with me. Coach has time between regular calls to speak with you, if needed. If you email or get voicemail, you will get a response within 24-48 hours. I enjoy providing this extra level of service. There is no billing for additional time of this type, but please keep the extra call to 5 or 10 minutes each. If more additional time is needed, Coach will suggest an optional, extra or partial session be scheduled or additional time be added to the next regular appointment, billed at the current rates for extra time.

Effective, successful coaching requires a certain "pace" to maintain momentum. Therefore, unless mutually agreed upon in advance, for specific reasons, the regular number of sessions per month are to occur during that month and are not to be carried forward into the subsequent months.

**NOTE:** Before the new month begins coach will send an email with either available appointment times or a link to an online scheduler. You are responsible for booking your three sessions each month and all appointments are on a first come, first served basis.

#### **Rescheduling & Emergencies:**

If you need to reschedule an appointment, both parties agree to provide each other with preferred 48hours and at least 24-hours, advance notice. If a last minute emergency requires missing an appointment, the session will be rescheduled. Client understands that Coach may elect not to provide a make-up session for a missed call not involving an emergency. For Clients that consistently miss appointments or arrive to their sessions late, Coach may terminate the relationship, without notice.

**Commitment & Termination Policy:** The Client understands that there is a **minimum six-month commitment** to private coaching, this allows time to learn and implement the coaching to their business and life. The Client also agrees to automatic credit card billing. The client may cancel **anytime after the 6 months, but coach requests a thirty-day notice notice so we can have closure.** Coach requires a minimum of one additional session after you have declared your termination. Again, this serves for closure and completion. Cancellation must be in writing, by fax, or email. Payment made for current month shall be considered full payment for coaching agreement unless there is an unpaid balance. If fees are owed at time of cancellation, full payment is due and payable.

#### **Confidentiality:**

The Coach considers the future plans, business affairs, customer lists, personal information, goals and financial information of the Client to be proprietary information. And therefore the Coach promises that all information provided will be kept strictly confidential. Moreover, the Coach will not, without prior permission from the Client, reveal or discuss the coaching relationship or any aspects of it, except as required by law. Neither will the Coach use any client information for her own benefit, except in application of MCC Certification with the ICF; disclosure is confidential and limited to: name, contact info, and total number of coaching hours. However, certain topics may be anonymously and hypothetically shared with other coaching professionals for training or consultation purposes.

#### **Additional Information:**

We design fieldwork together. I expect that you come up with three goals, actions, or accomplishments to have between coaching calls. If it is too much, say so. If you want more, just ask.

Simone Peer MA,PCC Certified Life Coach



## **COACHING AGREEMENT**

In addition to the standard Terms of Coaching, these are the parameters of our coaching schedule and financial agreement.

### **Coaching Sessions per Month:**

You receive <u>3</u> 30-45-minute coaching sessions along with email contact in-between.

Our regularly scheduled Day & Time is \_\_\_\_\_\_.

Please call **1.773.384.LOVE (5683)** or call skype ID: **alifeulove** at the agreed upon Schedule. Please disengage call waiting by dialing (\*70) before the dialing the number. *(Client is responsible for any long-distance charges.)* 

## Our Financial Agreement:

**<u>\$\_575\_USD</u>** per month for a minimum of six months of Coaching.

Coaching Fees are payable as a retainer for the month and are due upon receipt of invoice. Fees are payable through PayPal with debit/credit card or check. Or you may mail a check payable to: Currently mailed to: Simone Peer, Inc After Nov 10, 2011: Simone Peer, Inc 3507 Rock Shelf Lane P.O. Box 1252 Round Rock, TX 78681 Boca Grande, FL 33921

Bank Transfers arranged as needed.

## Confirmation of Agreement:

The **Terms of Coaching** are a binding part of this Agreement; and this Agreement is the sole and entire agreement between Coach and Client with respect to Coaching Services. No waiver of any provision, amendment, or modification of this Agreement shall be valid unless in writing and duly executed by both parties.

Please remit this page with your signature as proof of your agreement to the terms set forth and your consent for the coach to process payments in accordance with this agreement.

Client Signature:		Date:		
Coach Signature:	Simone Peer	Date:	6 October 2011	
				Simon

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