

Integrity Coaching



Use when...

- ✓ Goals are not being met
- ✓ Client is feeling stymied
- ✓ Bad luck/misfortune

1. Wants

If client can't get what they want, it's probably because key needs are not being met. Unmet needs = many wants.

2. Needs

If needs can't seem to be satisfied, it's probably because integrity is weak in a key area.

3. Integrity

Once integrity is solid, one wants less, naturally, and needs are more easily satisfied.